

# Re-Dreaming the Second Half of Life

with penny allport

a weekend workshop

Friday, April 10 - Sunday, April 12, 2015  
Paradise Found, Wilson Creek, Sunshine Coast, BC



This weekend workshop draws on the wisdom and magic of a story created by cross-cultural Anthropologist and Author, Angeles Arrien. Angeles differentiated eight gates that each of us will encounter in the “Second Half of Life.” (cross-culturally being age thirty-six)

*Each gate offers tasks, challenges, practices, reflections and gifts, to serve the deepening of our character and the enrichment of life as we age.*



The wild and wise imagination of each participant is enlivened and invigorated through writing, meditation, dream tending, embodied practices of awareness and creative processes that engage each of the gates. Participants will leave with tangible tools and resources to meet the challenges and gifts of this potent time in the human journey.

Re-Dreaming the Second Half of Life is an opportunity to deepen, dream and recover resiliency through the harvest your unique life experience.

*The weekend is offered as a modern rite of passage in the journey of becoming wise elders, engaged in our communities, relationships and the fulfillment of the Soul's relentless call.*

\$235.00, includes a copy of the book *The Second Half of Life*, Angeles Arrien  
2 Friends or Couples come for \$395.00 (save \$75.00)

Deposit of \$50.00 by March 15, non-refundable unless we can fill your space.



#### Hours of Retreat:

Friday 7:15 – 9:30 p.m. Saturday, 10:30 – 5:30 p.m. Sunday, 10:00 a.m. – 3:00 p.m.  
(Economical and beautiful accommodations available - book early.)

To register: Nancy McMurdo 778 462 2263 [nmcmurdo@telus.net](mailto:nmcmurdo@telus.net)  
or to inquire: Penny Allport, 604 803 4607 [pennyallport@gmail.com](mailto:pennyallport@gmail.com)

Penny Allport has offered multi-generational gatherings for women and men for over twenty years.

See [www.pennyallport.com](http://www.pennyallport.com) for further information and bio