

# Embodied Women, Resilient Girls

*with Penny Allport*

A day for girls age 9-12 and the women who love them.

Through exchanges in nature, Yoga, storytelling, creative writing and painting, meetings with horses, bees, green ones and mystery, enjoy a day of growing resilience, deepening embodiment and receiving tangible resources for the gifts and challenges of this precious human life.

Penny Allport has facilitated women's gatherings for over two decades. Her inquiry and passion for what it means to be embodied human beings living in modern times is inspiring and serves the capacity to directly experience the mystery and mess of this wild and unpredictable life.

**Sat., March 29th, 2014**

**11 am - 5 pm**

**Dream Lodge  
Wilson Creek  
Sunshine Coast, BC**

REGISTRATION: \$100 per two participants (daughter, sister, niece, aunt, grandmother, mother, friend) - includes yummy lunch

To Register: pennyallport@gmail.com 604 803 4607 or 604 885 4663  
(Some scholarships may be available - call)

[www.pennyallport.com](http://www.pennyallport.com)