

Strong, Soft and Subtle Creatures

an inquiry based movement workshop
with Penny Allport

Dream Lodge, Wilson Creek, Sunshine Coast, BC
Next dates TBA

Inspired by nature in the season of Soul - Autumn

Guided by the intrinsic gift of organismic intelligence

Consciously engaging the inherited endowment of all species before us, we enter the flourishing matrix of creature intelligence

Our indigenous and primordial blessing guides movement, breath, sound and sonic expression

We are human beings being human-being-human being human

being

human

Why would we explore this way??

There is the direct possibility old habits and outdated forms of perceiving and experiencing physical and soulful life may be liberated, and we could find ourselves moving in a deep well of belonging, brilliance and beauty.

To Register: pennyallport@gmail.com 604 803 4607 or 604 885 4663

Reasonable and lovely accommodations in Paradise Found - call for availability as soon as you book!

Directions given upon registration.

www.pennyallport.com

