

Embodied Women, Resilient Girls



An Overnight Retreat
for Girls 11-13 years, and the women who love them

with Penny Allport
Paradise Found, Wilson Creek, Sunshine Coast
Saturday, June 13/14, 2015

Begins at 1 p.m. on Saturday and ends at 3 p.m. on Sunday.

Yoga Awareness Practices Journaling Painting Storytelling Nature

This is an invitation to join with your nieces, aunts, granddaughters, mothers, sisters, friends, grandmothers and any other significant girl/woman in your life to share a time of playful and powerful inquiry into resources to serve resiliency through all the stages of our lives.

*We will draw on the teaching myth of **The Six Servants**, an enchanting tale filled with resources to serve resiliency and relationship.*

Penny Allport has been gathering and facilitating women of all ages for over twenty years. Paradise Found is a sanctuary for the senses on the Sunshine Coast where folks come to dream, breathe and experience the rhythm and beauty of nature's mirror.

Limited to 8 participants
Includes delicious meals from the garden and accommodations.
\$80.00 each

to register or inquire: pennyallport@gmail.com 604 803 4607