



Deepening Into Light

An Immersion in Continuum Movement and Creative Process

with Doris Maranda and Penny Allport

Friday, June 20 - Sunday, June 22, 2014
Dream Lodge, Wilson Creek, Sunshine Coast

Through the resources and processes of Continuum Movement, perceptual inquiry and ritual space, join us for a shared time of moving, creating and being in the embrace of nature, silence, and others who are called to deepen into an embodied sense of lightness at this potent time of the year.

A container is offered to serve a collective field of movement inquiry, and to nourish into fruition, the buds of what is gestating in the deep well of our being. Extended silence offers time to slow down, engage in natural rhythms, both inner and outer, and to allow movement and meaning to unfold. Space and supplies for expressivity through paint, paper, collage and other creative portals is offered.

Doris Maranda & Penny Allport combine over forty-three years of experience diving in the deep well of Continuum Movement. See their websites for more info: www.dorismaranda.com
www.pennyallport.com



Hours: Begins at 11:00 a.m. on Friday & ends at 3:00 p.m. on Sunday (All-Nighter, period of extended silence, begins Friday evening). Experience in Inquiry-based movement practice required.

Investment: \$275.00. Early discount by May 20, 2014 and underemployed \$250.00. Class limited to 10 participants. To register: doris@dorismaranda.com 604 254 0147 or pennyallport@gmail.com 604 803 4607.

Accommodations: shared room/tenting & kitchen facilities available – contact: pennyallport@gmail.com All meals responsibility of individual.