

The Six Servants



*Embodied Resources in the
Heart & Craft of Relationship*

with Penny Allport

8 Mondays

Sep. 26 - Nov. 21, 2011

(no class Thanksgiving Monday)

6:45 - 9:15 pm

Dream Lodge

Wilson Creek, BC

\$340.00 includes HST

(Register by Sep. 1st & pay \$299)

The Six Servants

Based on a Western European teaching story, *The Six Servants*, this 8-week journey offers an invitation to land in a circle of inquiry with others who are called to deepen connection and relatedness at this time in their lives.

Each class will offer practices of perceptual inquiry and embodiment to encourage and awaken the resources of *The Six Servants* within each of us. Personal meaning and integration occur in a circle of playful inquiry, safety and sharing. Between each gathering, transformative practices of attention and embodied awareness are offered to practice in the place of our most “rigorous spiritual practice” - every day embodied life. Tracking our journey through process oriented writing and embodied inquiry allow for deeper integration in all areas of our life experience.

We include the body in our inquiry, as we are juicy, fleshy, blood and bone beings whose imagination and senses are awakened and refreshed through the ancient art of storytelling, imagery, ritual and ceremony. Our laughter and tears, as well as our capacity for relating with all of life are part of an evolving human bio-intelligent need to relate in peaceful and powerful ways in a changing world. All our relations are up for renewal and refreshment as the habits of the past are based in habitual ways of perceiving ourselves, each other, and the earth.

This is a call to deepen relationship with everything from the micro-organisms and the natural world, to our primary partners, parents, siblings and children, and to directly experience the transformative power of embodied presence in every facet of life.

Penny Allport is a Creative Explorer with a passion for all that is possible in the living inquiry of what it means to be an embodied human. For over two decades she has facilitated individuals and groups through explorations in Yoga, Continuum Movement, Perceptual Inquiry, Creative Expression, Storytelling, Dream Inquiry and process oriented writing and painting. The imagination of the natural world continually inspires and informs her offerings.

www.pennyallport.com



Register:

pennyallport@gmail.com

604-885-4663

604-803-4607

Visa, Mastercard, Cheque & Cash.

Note: Pre-registration is required.